

Tips for Passing Your Finals!

We've been hearing the same speech over and over again from our teachers: that the end of the semester is approaching and handing in work is important. Don't get me wrong, I understand where our teachers are coming from but as students, finals are coming up, the end of course state exam has to be taken by some of us so needless to say, there is a lot of pressure for students. Since I've been in middle school, some odd six score years ago, I've heard the same thing when it comes to finals and state tests: "Make sure you get a good night's rest and eat a nutritious breakfast." That's advice but how is that going to help students pass their exams and tests? Today, I'm going to list some tips for passing finals! I hope this helps some of y'all!

Tip #1: Create your own study guide... Your teacher may give you a study guide to study off which is extremely helpful but **YOU** are the one that knows what areas in the course you are struggling in and need to practice and study for the exam.

Tip #2: Ask questions... Since we've been in elementary school a handful of us have the idea in our head that asking questions may make us sound stupid but that's not true at all! I've found that when I've asked questions in class, that there are other students that need help with the same area of study!

Tip #3: Put together a study group... Putting together a study group from friends and even classmates from your classes that you need extra help in isn't too much of a bad idea. In fact, studying in groups and working with your classmates can increase your learning.

Tip #4: Breathe... Finals and end of course exams are stressful for everyone and are going to be overwhelming. Breathe, open the blinds in your room, stretch, play with your pets, whatever it is that helps you relax and stay calm.

Tip #5: Have a friend or parent quiz you... In the past when I've quizzed myself in subjects I'm not too strong in, I have made flashcards and study guides but when I go to quiz myself I always "cheat" and look at the answer. I've found that having my Mom or Dad quiz me is way more effective to my learning and studies as well as beneficial when it comes to my grades.

Those are only five tips I found, summarized and wrote in my own words. Many more suggestions and advice for studying for finals can be found floating around the internet, you just have to search for them! Just think: you've been able to stay strong from September up until January, don't give up now!

You can do this and if you need someone to believe in you, I believe in you!

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